

## Story-at-a-Glance

No intravenous injection can able to dissolve or completely disintegrate the block in the coronary artery.

Taking statin medication for 2 years can reduce block size, but not completely remove it. (7% regression in 2 Years)

If the clot is disturbed it results in dangerous conditions called thrombus, which block other areas of coronary artery results in heart attack.

### Can Coronary Blockage Be Reversed

It is common question asked by many patients. Coronary blockage is identified either by a CT angiogram or coronary angiogram. Also many patients want to remove the block or to dissolve the block. And some patients have been offered by some physicians by injection with chemical which they can able to dissolve or completely disintegrate the clot and remove it.

We can able to arrest the progression of your blockage in the sense there are medical management which we can put you on so that your block might not progress but there is nothing we can completely reverse on block. The only study which have showed that we can able to reverse. It is called an asteroid trial in that you take the cholesterol medication. We call it as taking statin continuously for two years at the dosage of around 40mg. Statin drug has been used in this trial we have showed there is around 7% of regression in 2 years that is the maximum which can achieve by medicine by reducing the block size and there is no treatment can actually completely remove the blockage. Infact most of the cardiac treatment we are providing is what we call as plaques stabilization. So we put you on a statin so that your block remains there. Once the clot breaks it is very dangerous situation we call as thrombus and cause a heart attack. The fact is somebody offers you they can able to dissolve and disintegrate the block it cannot happen and even if they successfully did that actually they are converting

you from a stable patient into unstable patient. Once the blocked is disturbed then what happens is the thrombus or clot is formed it can dislodge it movesthrough to your coronary artery and get blocked. It causes the heart attack.

So what patient should understand is there is no magic remedy to reduce your block or dissolve your block and we can able to make is stabilize your heart and make your block does not grow any further.



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Heal Your Heart is a Franchisee Unit of Vaso-Meditech Pvt Ltd , who are the Largest Vaso-Meditech Enhanced External Counterpulsation (EECP) Non Surgical Cardiac treatment Provider in India. The Franchisee Unit offers investment, Clinical and technical support for Vaso-Meditech EECP treatment. The Experienced staffs and distinguish clinical service coupled with web based patient management system make Heal Your Heart as as preferred choice for Non-Invasive Cardiology.

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